



Inhibitory activities of microalgal extracts against Epstein-Barr virus DNA release from lymphoblastoid cells*

Yih-Yih KOK¹, Wan-Loy CHU^{†‡1}, Siew-Moi PHANG², Shar Mariam MOHAMED¹, Rakesh NAIDU^{3,4},
 Pey-Jiun LAI³, Shui-Nyuk LING¹, Joon-Wah MAK¹, Patricia Kim-Chooi LIM⁵,
 Pauline BALRAJ⁵, Alan Soo-Beng KHOO⁵

⁽¹⁾Division of Human Biology, International Medical University, 57000 Kuala Lumpur, Malaysia)

⁽²⁾Institute of Biological Sciences, Faculty of Science, and Institute of Ocean and Earth Sciences (IOES),
 University of Malaya, 50603 Kuala Lumpur, Malaysia)

⁽³⁾Faculty of Medicine, University of Malaya, 50603 Kuala Lumpur, Malaysia)

⁽⁴⁾School of Medicine and Health Sciences, Monash University, 46150 Petaling Jaya, Selangor, Malaysia)

⁽⁵⁾Molecular Pathology Unit, Institute for Medical Research, Jalan Pahang, 50588 Kuala Lumpur, Malaysia)

[†]E-mail: wanloy_chu@imu.edu.my

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Abstract: This study aimed to assess the inhibitory activities of methanol extracts from the microalgae *Ankistrodesmus convolutus*, *Synechococcus elongatus*, and *Spirulina platensis* against Epstein-Barr virus (EBV) in three Burkitt's lymphoma (BL) cell lines, namely Akata, B95-8, and P3HR-1. The antiviral activity was assessed by quantifying the cell-free EBV DNA using real-time polymerase chain reaction (PCR) technique. The methanol extracts from *Ankistrodesmus convolutus* and *Synechococcus elongatus* displayed low cytotoxicity and potent effect in reducing cell-free EBV DNA ($EC_{50} < 0.01$ $\mu\text{g/ml}$) with a high therapeutic index (> 28000). After fractionation by column chromatography, the fraction from *Synechococcus elongatus* (SEF1) reduced the cell-free EBV DNA most effectively ($EC_{50} = 2.9$ $\mu\text{g/ml}$, therapeutic index > 69). Upon further fractionation by high performance liquid chromatography (HPLC), the sub-fraction SEF1'a was most active in reducing the cell-free EBV DNA ($EC_{50} = 1.38$ $\mu\text{g/ml}$, therapeutic index > 14.5). This study suggests that microalgae could be a potential source of antiviral compounds that can be used against EBV.

Key words: Microalgae, *Ankistrodesmus convolutus*, *Synechococcus elongatus*, *Spirulina platensis*, Lymphoblastoid cells, Epstein-Barr virus (EBV)

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1 Introduction

Epstein-Barr virus (EBV) is a γ -herpes virus that infects 90% of the adult human population and is prevalent among Asians, especially the Chinese (Klein, 1994). The virus is able to coexist within its host almost asymptotically. However, EBV infec-

tion may lead to the emergence of lymphoproliferative disorders, such as Burkitt's lymphoma (BL) and Hodgkin's lymphoma (HL) and many neoplasms, especially undifferentiated nasopharyngeal carcinoma (NPC) (Rickinson and Kieff, 1996; Rezk and Weiss, 2007). Infection of B lymphocytes by EBV may also cause infectious mononucleosis and post-transplantation lymphoproliferative disorder (PTLD) (Kurth *et al.*, 2000; Krenauer *et al.*, 2010).

Both the microalgae and macroalgae (seaweeds) are potential sources of antiviral compounds, with sulfated polysaccharides being the major active

[‡] Corresponding author

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